



# *Barrowby Church of England Primary School*

## **Allergens Policy**

### **1. Introduction**

- 1.1 Barrowby CE Primary School recognises that although most food intolerances produce symptoms that are uncomfortable, some people can suffer a severe food allergy with more serious consequences and in some instances these may even be life threatening.
- 1.2 A number of pupils in the school have severe or moderate allergies to food and amongst the most common is nut allergy. Barrowby CE Primary School recognises that it has to provide a safe environment and aims to ensure that foods provided, brought in / or produced in the school do not contain nuts and other food that are high risk of creating allergic reactions as far as is reasonably possible.

### **2. Responsibility**

- 2.1 The school is committed to pupil safety and therefore has created this policy to reduce the risk of children having allergy related events while in its care.
- 2.2 Parents are required to inform the school of any known food allergies that their child has. This information is required in the permissions booklet that is completed by parents before their child starts at school.
- 2.3 Parents should update this information if any allergy is diagnosed at any stage of their child's education.
- 2.3 Children with medication for an allergy complete an Individual Healthcare Plan with the class teacher. This is reviewed annually.
- 2.4 Medical information lists are created and given to Class Teachers.
- 2.5 'Pupils With Medical Needs' booklets are located for all staff on the staff room noticeboard, the medical room noticeboard and the wrap around care room.
- 2.6 The school accesses regular training to enable staff to recognise the symptoms of an allergic reaction and to respond appropriately. All staff have been trained in the use of the EPIPEN should a child with a known food allergy go into anaphylaxis.
- 2.7 All parents are asked to ensure that their child does not bring nuts or foods containing nuts into school. This also applies to other foods that children may have a severe reaction to. This includes snacks, lunch box items and birthday treats.
- 2.8 Parents should send fruit or vegetable snacks or snacks that are store bought and have an ingredients list on the food label. We want to minimise the risk from nuts or foods containing nuts as much as is reasonably possible.

### **3. Food provision in school**

- 3.1 Farm Kitchen our meals provider have nut free kitchens; but cannot guarantee that the source of manufacture is completely nut-free.
- 3.2 Farm Kitchen provide allergen information on their website for parents.
- 3.3 Farm Kitchen are made fully aware of food allergies.
- 3.4 The school will attempt to avoid nuts or food with nuts, but cannot guarantee that products with nuts will never be present as parents may send products with nuts in a child's packed lunch.
- 3.5 When going on residential visits allergies are notified to the food provider in advance.
- 3.6 Before doing any food tasting in school the class teacher should check that no child has an allergy to any ingredients in the food to be tasted.
- 3.7 FoBS are advised to not bring nuts into school, or nut containing products.
- 3.8 Barrowby CE Primary school cannot guarantee that there will be nothing in the school that might trigger an allergic reaction or that a pupil or adult will never experience an allergy related event while at school. With effort and care we can, however, try together to ensure a safe environment for all our community which keeps risks to a minimum.

### **3. Allergen Policy Review**

This policy is reviewed by the Head teacher, staff and Governors in accordance with Barrowby School's Policy and Review Cycle for approval by the Full Governing Body, every 3 years.

Last reviewed: November 2022

Next review: November 2025