



Yummy Mummies
and
Buzzy Bees

FITNESS FOR EVERYONE



MUMMIES
AND
BABIES

FITNESS FOR MUMMIES AND BABIES

Wednesday @ 10:00am
Fitness classes for mummies
with babies - pre-schoolers
£6 - siblings welcome!

Wednesdays @ 17:15
Fitness classes for parents and
children aged 5+
£6 for Me and Bee
£2 addition for siblings



AT
THE SCOUTS HUT
LOW ROAD
BARROWBY
NG32 1DF