



## Barrowby Church of England Primary School

October 2021

Dear Parent/Guardian

### Talented Athlete Program (T.A.P.)

Following the success of our Talented Athlete Program (T.A.P) 2020-21; we are excited to continue the programme into the 2021-22 academic year. We are very pleased to inform you that your child has been selected to take part in this program by their school in association with inspire+.

The program is targeted to those pupils showing high athletic ability to work alongside Olympic and Paralympic athletes in gaining the best mind & skill set to take their sporting success to the next level. Olympian Sophie Allen & Paralympian Sam Ruddock have combined their sporting knowledge and developed a variety of sessions to deliver to the selected pupils.

The sessions will run compacted across 1 term, including all our member schools – with such positive feedback from last year's virtual format, we are staying VIRTUAL for these sessions & as a bonus addition will be an events morning (face to face) to conclude the programme.

This year the sessions will cover team work, communication, confidence, biomechanics and diet & nutrition; each session will consist of a mixture of theory and practical elements to assist knowledge retention. **Parents will be asked to ensure the nominated pupils can log on to a Teams call from home to access the sessions.**

The details of the sessions are:

**Twilight sessions will be run virtually at: 4pm- 5pm**

Wednesday 3rd November

Wednesday 10th November

Wednesday 17<sup>th</sup> November

**The events morning will take place Saturday 20<sup>th</sup> November 10am-midday – venue to be confirmed.**

Your child will need to wear sports kit and bring a drink. Please could you fill in the consent form and send to me either by e-mail to [Sacha.Castell-Smith@inspireplus.org.uk](mailto:Sacha.Castell-Smith@inspireplus.org.uk) by **Thursday 21<sup>st</sup> October**. The sessions are being subsidised by the charity as part of your child's school membership, therefore there will be no charge.

If you have any questions regarding the Talented Athlete Program please contact myself on 01476 578137 For more information about what the charity is doing to support schools develop PE, School Sport and Leadership locally please see our website [www.inspireplus.org.uk](http://www.inspireplus.org.uk)

Yours sincerely

Mr L Batey

Headteacher

