

DIARY DATES

Dates for the School Year can be found on our website. [CLICK HERE](#) to go to the calendar.



Barrowby Church of England Primary School

Tuesday 2nd February
House Tournament



Friday 5th February
Skipping Challenge Deadline



Friday 5th February
Whole School Collective Worship



Friday 12th February
Whole School Collective Worship



Friday 12th February
Last day of term

FEBRUARY HALF TERM

Governor Meetings

FRP Meeting 1st February 2021



To see the latest Fobs minutes please click [here](#).

Next meeting:

Please click [HERE](#) for Easy Fundraising Link

Newsletter 29th January 2021

Jesus said, Let the little children come to me, and do not stop them, for the kingdom of God belongs to such as these. Luke 18:16

Dear Parents/Carer

What an incredibly busy and emotional week it has been this week. I can't believe that next week is the start of February. What happened to January?

Today, we have written to all our school family to invite all those that knew Mrs Amanda Wright to contribute towards a 'Memory Book' which we will present to her husband and children. Our aim, in some small way to celebrate all that she was and pay respect to all those lives she touched and the children she supported. If you would like to share a memory and contribute, please email: enquiries@barrowby.lincs.sch.uk. I will then collate those memories and share them with her family, with love from her school family.

In addition, we have also confirmed some changes to our Remote Education offer-hopefully continuing to build upon the provision we have created enabling all children to have more regular contact with their teachers regardless whether they are at home or at school. This should continue to strengthen the opportunities our children can enjoy during their Remote Education.

This week, we have continued to stream live acts of Collective Worship every day for our whole school to enjoy. On Monday we were joined by Paralympian and Inspire+ Ambassador Sam Ruddock. A governor who attended the event wrote:

Can you please pass on my thanks for the link to this mornings inspirational worship? I am sure the children enjoyed listening to Sam from their own homes. I hope the snow and ice will clear soon to allow the school to reopen.

As fast as the snow came it has gone again. Today, we were joined by Jasmine Mechney who spoke to our whole school community about fostering a positive attitude and looking after each others well-being through physical activity, mindfulness activities and connection with others. If you joined us for Collective Worship, I hope you enjoy the experiences and the topics discussed. Have a lovely weekend and stay safe.

Mr Len Batey
Headteacher-Barrowby CE Primary School

Inspirational acts of Collective Worship

We had the pleasure of welcoming Sam Ruddock, an Inspire+ ambassador, to lead our Collective Worship on Monday 25th January. We were thrilled that so many of you tuned in virtually to take part. I am sure you will agree that Sam's sporting story is truly inspirational and we hope that it will encourage us all to look after ourselves and each other.

In addition, it was heart warming to hear from Jasmine Mechney on Friday 29th January with the positive messages about fostering a positive mental attitude. Remember, to all our school family, at Barrowby, we 'can do' anything we put our minds to.

We must make sure that we keep ourselves active, get some fresh air and do the things we enjoy and keep in touch with one another. This will ensure we are improving our hearts, minds and bodies. Thank Sam and Jasmine, we look forward to seeing you again soon.

Weekly House Point Totals

ARMSTRONG
514

CHICHESTER
428

SCOTT
450

KS2 Football Challenge

We are still smiling great big smiles from last week's wonderful news that we won the large school's football challenge competition. Certificates will be sent to the top scorers from each year group category. Congratulations children!

Year 3 & 4 Boys Winners		Year 3 & 4 Girls Winners
Max Fletcher Daniel Hunt Joshua Clayson Charlie Hawken		Keira Marshall Elizabeth Leresche-Hands Heidi Keenan Jorgia Willis Sofia Debenham
Year 5 & 6 Boys Winners		Year 5 & 6 Girls Winners
Oliver Atter Brian Jebb Benjamin Simo Thomas Darby Neo Wynne		Lauren Jackson Gracie Taylor Alba Clayton Beatrice Rafferty

Events At School-Weekly Commendations

We would like to acknowledge the work completed at school by individual pupils by awarding our 'Home Learning Certificates.' This week the certificates go to:

<u>Reception and Key Stage 1</u>		<u>Key Stage 2</u>	
Mrs Banfield	Harvey Adams Henry Leonard	Mrs Webster	James Darby Amelie Bake
Mrs Selby	Georgia Turner Jayden Gibson	Mr Caton	Keira Marshall Charlie Hawken
Mrs Tinkley/ Mr Liversidge	Oliver Lait Niamh Cummings	Miss Kirk	Toby Bentley Mia-Grace Harper
Miss Sugden	Eddie Freestone Gracie Desmond	Miss Swatton	Parnika Gupta Oliver Parr
All certificates are now emailed home to parents, the same date as the newsletter goes home: Friday the end of the week.		Miss Lees	Neo Wynne Ava Milham

Times Tables Rockstars

This week, we would like to recognise the **Rock Legends** who have continued to learn and revise the times tables and associate division facts, using Times Tables Rockstars. This week, certificates are awarded for those children with the **highest number of correct answers** in their class. The **Rock Legends** are:

Biggest Increase In Numbers	Key Stage 2
Reception and Key Stage 1:	Y3 James Darby
ST/JL Jonah Elston	Y4 Jorgia Willis
LS Abigail Sacker	Y5 Joel Stephenson
	Y6 Olivia Exley
	Y6 Thomas Darby

Children's Mental Health Week—Monday 1st February to Sunday 7th February 2021

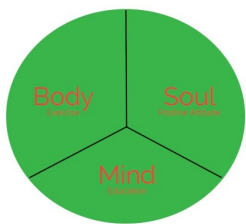
At this difficult time, it is important that we look after both our physical and mental health. Next week, is Children's Mental Health Week.

As part of this week, our children at home and in school will all have the opportunity to take part in a range of activities to promote awareness and discussion about mental health.

On Monday 1st February, BAFTA Kids and Oak National Academy will be hosting a virtual assembly that will be available at 9am. Please [CLICK HERE](#) to view.



As the majority of pupils across the country are at home, this assembly will provide a nice opportunity to bring the nation's children together (virtually) with a positive message about the power of self-expression. The assembly can be watched back, so please join in with your teacher's morning call and the assembly can be visited during the Collective Worship time between 10 and 10.30am.



Looking after our mind, body and soul is so important, especially during these unprecedented times. We would like to encourage all our Barrowby family throughout this week, and throughout the national lockdown, to make time for self-care and self-appreciation. Children's Mental Health Week is a great opportunity to remind us of the importance of looking after ourselves.

Throughout the week, mental health will have a raised profile in school and teachers across KS1 and KS2 will be talking to the children about ways to manage their emotions and provide reflective opportunities in their social time calls and through PE sessions.

We would like to encourage everyone to find some time throughout the week to do something they enjoy, helping to improve positive feelings and provide happiness. This could be going for a walk with your family, doing some mindful colouring or taking some quiet time listening to music.

At Barrowby Church of England Primary School we understand that these times are tough and there are many personal challenges everyone is dealing with. We would like to remind you that you are valued and loved and we are here as a school to provide any support you need during these difficult times.

For some more information and ideas how you can support your child's mental health at home, please [CLICK HERE](#).

Please see the next page of the Newsletter for helpful advice for parents in supporting their children to adopt positive attitudes and help them to promote activity and happiness with each member of their family at this time.



EXPRESS YOURSELF

#ChildrensMentalHealthWeek



www.childrensmentalhealthweek.org.uk

DEAR PARENTS AND CARERS,

1-7 February 2021 is Children's Mental Health Week. The week is run by children's mental health charity Place2Be to focus on the importance of children and young people's mental health. This year's theme is **EXPRESS YOURSELF**.

WHAT'S IT ALL ABOUT?

When children are able to find creative ways to share their feelings, thoughts or ideas it can help them feel good about themselves and who they are. Children can do this through art, music, writing and poetry, dance and drama, photography and film, and doing activities that they enjoy.

It's really important to remember that being able to express yourself is not about being the best at something or putting on a performance for others. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.

Given that the past year will have left many of us feeling out of control and helpless, supporting children and young people to express themselves is arguably more important than ever.

WHAT CAN YOU DO?

Here are a few simple ways you can encourage your child to express themselves.

1. Could you build on existing interests or passions? Think about what has helped them get through the past year. A love of dancing? Baking? Drawing? Fashion? Encourage your child by noticing their unique interests and praising their efforts.
2. Trying new things can be a great way to find a new creative outlet. There are lots of online tutorials and video demos that you and your child could be inspired by... could you try out something new together? Or perhaps ask someone you know to share their creative hobbies and give them a go.
3. Some children may not think of themselves as being creative. Try to focus on the importance of the process and the way it can make them feel, rather than the end result. Try not to judge their efforts and remember to give encouragement for trying rather than for doing something well.
4. Listening carefully can help children feel more comfortable and confident when expressing themselves. Try to minimise distractions and give your child your full attention when you're spending time together, being aware of your own body language and eye contact. You might want to try summarising what they've shared and acknowledging their feelings.
5. Children are expressing themselves all the time but not necessarily with words. 'Listen' to everything they are trying to tell you with their behaviour, or with their play and creativity or with their silence. It's all self-expression.
6. Remember – you don't need a lot of expensive equipment to get creative at home. Recyclable materials or older items you no longer have a use for can provide amazing inspiration, and of course there's no limit to your imagination!

Let your child know that if they are worried about something, they should always talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website: place2be.org.uk/help



www.childrensmentalhealthweek.org.uk