

DIARY DATES

Dates for the School Year can be found on our website. [CLICK HERE](#) to go to the calendar.

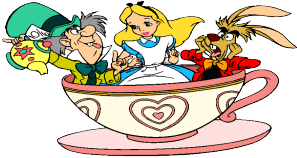
Monday 27th March

Class Photographs



Tuesday 28th March

M&M Productions -
Alice In Wonderland



Tuesday 28th March

Rocksteady Easter Concert



Thursday 30th March

Tag Rugby Festival - Selected Children



Friday 31st March

Easter Church Service for parents of children in Reception and Year 6



Friday 31st March

Last day of term

EASTER BREAK



Tuesday 18th April

Return to school



Governor Meetings

Friday 28th April
Budget Setting Meeting



To see the latest Fobs minutes please click [here](#).



Barrowby Church of England Primary School

As a Church school family, we strive for excellence, ensuring that we all feel happy, valued and loved. We aim to provide an exciting, innovative, and relevant curriculum that enables all to 'shine' and develop as creative, respectful and independent citizens. We seek to promote equal opportunities for all so that each individual is encouraged to achieve their full potential and become lifelong learners who can make a positive contribution to society.

Newsletter 24th March 2023

From the lips of children and infants you, Lord, have called forth your praise

Matthew 21: 16

Dear Parents/Carers,

Here is this week's newsletter. We have had another busy and fun filled week in school with lots going on for you to read about here. This morning I watched the Year 3/4 performance, 'Daniel in the Lion's Den' which was absolutely fantastic! Well done to all involved. It was lovely to see so many family members at the show. Thank you for your continued support.

Miss Louise Sugden, Deputy-Headteacher

Events In School

Year 2 Friendships & Emotions Workshop

On Wednesday 22nd March, Year Two enjoyed taking part in a friendship and emotions workshop. They considered what it means to be a good friend and how to maintain friendships as they get older.

They recorded their ideas with pictures and kind phrases, making an anthology which was shared with the rest of the class. They all had a great time and learnt lots of new ways to show kindness.



Year 4 Swimming

SWIM LESSONS

On Thursday 23rd March, Year 4 had another excellent week at swimming and have continued to make great progress in the water. They are all demonstrating brilliant confidence and have worked hard to practice skills such as a 'push and glide' and tuck and pencil floats.

It was also really impressive to see many children working on their breathing techniques in the water to help them become more efficient swimmers. So proud of all the class who continue to take up the next challenge they are given by their swim teachers and give it their best! Fantastic, Year 4!

Quick Sticks Hockey

On Thursday 23rd March, Miss Lees and Mrs Stanley took a group of 8 year 5/6 children to play hockey at Priory Ruskin. They did incredibly well! In the first round of play, they won every game apart from 2!

They then went on to finish fourth! Every single member of the team played incredibly well!!! Go Barrowby!



CREATIVITY

Personalisation
Experimentation
Imagination
Choice
Improvisation
Curiosity
CREATIVITY
Risk-taking
Individuality
Freedom
Uniqueness
Self-belief
Artistic

RESPECT

Valuing-others
Caring
Maturity
Team-work
Empathy
Consequences
Relationships
Understanding
RESPECT
Courtey
Members
Communication
Pride
Thoughtfulness

INDEPENDENCE

Initiative
INDEPENDENCE
Leadership
Organisation
Motivation
Confidence
Accountability
Assertiveness
Reflective



Visit our school's page by [CLICKING HERE](#).

Happy

Valued

Loved

Year 3 & Year 4 Easter Praise Performance

Amazing

This week, on Thursday 23rd March and Friday 24th March, our Year 3 and 4 children performed their version of Daniel and the Lion's Den. The children have now preformed Daniel in the Lion's Den, once to the whole school and twice for their parents and it has been so wonderful to be able to come together again and share in this joyous event.

The children looked fantastic in their costumes, thank you so much for supporting us with this. They sang their hearts out and performed with ease, confidence and style! We are so unbelievably proud of their achievements; all of the children have worked so hard to perfect their performance and let their light shine throughout each one, with singing and guitar solos and acting masterclasses! Laughter, applause and tears filled the room on every performance, this shows how incredible our children are, here at Barrowby.

We would like to thank all the adults that have supported the children to prepare for their show, with a special thank you to Mrs Ward, Mr Caton, Mrs Morris and Mrs Clarke for their ongoing support.

Inappropriate Content Online Advice for Parents

Over the last few months, we have seen an increase in the number of schools reporting that students, while at home, have accessed content which is not always appropriate, some of which has been quite scary or upsetting. We have also had a report of worrying trends on TikTok encouraging nudity from its users. This can have legal implications for our children and young people that they often aren't aware of.



While there is no perfect way to eliminate this risk, we feel that there are things parents and carers can do to support their children online, reduce the risk or manage it after the fact. Remember to keep lines of Communication open with your children and young people. Just like we ask them how their day was at school and what they got up to it is equally important to have this conversation about their Online lives. If you can keep technology out of the bedrooms and private spaces this is also an effective tool in safeguarding our children.

Here are some more practical steps parents and carers can follow:

Contact their Internet Service Provider (ISP): Companies that provide broadband such as BT, Sky and Virgin, offer free protection for parents and carers. They can filter your internet connection directly, without having to install anything. Guide on how to use this can be found here: <https://www.internetmatters.org/parental-controls/broadband-mobile/>

YouTube is a fantastic resource, but not all the content is appropriate for children and not all YouTube channels are made for young audiences. YouTube has an app just for children – YouTube Kids – but many people don't realise that the main YouTube app has a restricted mode. Check out more about how it works here: <https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

Parental Controls for Devices - <https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/> Games consoles have features that can limit what games they can play based on the age ratings and can even turn off certain features to allow gaming to be a little safer. To learn more about these features visit <https://www.internetmatters.org/parental-controls/gaming-consoles/>

Games are also rated based on the content; not how difficult they are. 18 rated games can have very graphic violence, adult language and themes, sexual content, and horror elements. Learn a bit more about appropriate games by visiting <https://www.thinkuknow.co.uk/parents/articles/gaming-whats-appropriate-for-your-child/> or visit this site for more about game ratings <https://parentzone.org.uk/article/pegi-games-ratings-explained>

Social Media privacy guide - <https://www.internetmatters.org/parental-controls/social-media/>

Have you heard about Tik Tok Family Pairing <https://newsroom.tiktok.com/en-us/tiktok-introduces-family-pairing> Family pairing allows adults to link their accounts to their teenagers account so you can customise their safety settings such as content, privacy and well being settings. It's important to remember that no filters or controls are 100% effective so make sure your child knows that they can, and should, talk to someone if they see or hear anything upsetting online so we can offer them some reassurance. This information from Thinkuknow might be useful <https://www.thinkuknow.co.uk/parents/articles/Im-worried-my-primary-aged-child-might-see-something-inappropriate-online/>

Parent Reminders

Year 4 Swimming Lessons

Pupils in Year 4 will continue with their swimming lessons until Thursday 11th May 2023.



Class Photographs



On Monday 27th March, your child will be having their class school photograph taken, please remind your child/ren to bring a comb/hairbrush, and make sure they are wearing their smartest uniform, including a sweatshirt/cardigan so that they look their very best for their school photographs. I

f your child plays a musical instrument in school, please ensure they have this with them on Monday 27th March for the group photographs which will be in addition to the class photographs.

Rocksteady Music Easter Concert

The Rocksteady Music Easter concert will take place on Tuesday 28th March. All the children participating in the Rocksteady Music lessons have had the opportunity to enjoy a range of musical experiences through singing, listening, performing and composing. We look forward to sharing with you the progression the children have made this term. Please ensure your form to book your ticket provided via Parentmail is completed by Friday 24th March.



Church Easter Service

Our School Easter Service will take place in Barrowby Church, on **Friday 31st March 2023** at 9.15am. This year we would like to welcome parents of Reception and Year 6 to the service. If you would like a ticket please complete the form provided via Parentmail below by Friday 24th March 2023.

Reception Easter Bonnet Parade

Our Reception children will participate in the Easter Bonnet Parade at the Easter service on Friday 31st March at 9.15am. Please can you kindly ensure your child's Easter Bonnet is in school for Wednesday 29th March. We are looking forward to seeing your creations.



Tag Rugby Festival - Selected Children

The Tag Rugby festival will take place on Thursday 30th March. Children will need to be collected from school at 12.00pm and transported to the festival to meet Mr Caton ready for a prompt start at 12.30pm.

Children will have eaten lunch and changed into Barrowby CE primary School PE kit before collection time at 12.00pm. Collection time for your child from Kesteven R.F.C Woodnook is at approximately 4.00pm. Please ensure your child has a drink bottle for this event.

Last day of term

Our last day of term for the Easter holidays will be **Friday 31st March**.



The wonderful FOBs members will be selling donuts on the last day of term at 3.15pm at the school gates at the cost of £1.00 each, all proceeds will go to the school. 'Donut forget your cash!'

Wrap Around Care Bookings

Bookings for Breakfast and After-School club for the return to school, week commencing Monday 17th April, will close on Wednesday 29th March at 10.00am.



Return To School

We return to school on Tuesday 18th April.



Donut

forget your cash!

£1 a donut, on sale at the school gates to mark the end of term on Friday 31st March



Weekly House Point Totals

ARMSTRONG

383

CHICHESTER

412

SCOTT

381

Farm Kitchen

Have you registered with our hot school meal provider - The Farm Kitchen? You will have received an 'Introduction to The Farm Kitchen' letter via Parentmail, informing you of our new hot school meal provider - The Farm Kitchen, this will commence from week beginning 18th April. We have been advised by **The Farm Kitchen** that the menu's for after Easter should be available for parents the week beginning **20th March 2023**.



In readiness for this you may wish to register with The Farm Kitchen so you are ready to place orders once the menus are available.

For those children in:

- **Reception, Year 1 and Year 2:** as your child/ren are in receipt of the Universal Infant Free School Meal you have been automatically enrolled by The Farm Kitchen. **You will receive a further letter from them providing instructions on how to access your account, tonight.** Please check your child's book bag.
- **Years 3, 4, 5 and 6:** (and are not in receipt of Pupil Premium) you will need to click the link below or visit our school's website: [School Life - Meals In School](#) in order to register and create an account with the new school meal provider: The Farm Kitchen before placing an order.
- **Years 3, 4, 5 and 6:** (and are in receipt of Pupil Premium) you have been automatically enrolled by The Farm Kitchen. **You will receive a further letter from them providing instructions on how to access your account, tonight.** Please check your child's bag.

We are hopeful that our new school meal provider will continue to support our school's aim of being a healthy school and offers a comprehensive menu for parents and children alike. You will continue to order and pay (unless UIFSM or Pupil Premium) via an online portal for The Farm Kitchen and the meals will be delivered into school.

If you have any queries, please contact the school office on 01476 566121.



The deadline for placing your order for the return to school on Tuesday 18th April is Tuesday 11th April at 11.00am.

BARROWBY CE PRIMARY SCHOOL

The Farm Kitchen - Hot School Meals - Menu Sheet

Mon 17 April - Fri 21 April



	Monday 17 April	Tuesday 18 April	Wednesday 19 April	Thursday 20 April	Friday 21 April
Main Course 1		Margherita Pizza with Sweetcorn and Cucumber Slices	Lincolnshire Chipolatas, Potato Wedges, Peas and Sweetcorn and Ketchup	Lincolnshire Fishcake, Mashed Potato and Baked Beans	St George's Day - Roast Beef with Roast Potatoes, Peas, Carrots and Gravy
or					
Main Course 2		Jacket Potato, Baked Beans and Cucumber Slices	Jacket Potato, Tuna Mayonnaise and Vegetable Sticks	Jacket Potato, Veggie Bolognaise and a Mixed Salad	Cheese Sandwiches with Vegetable Sticks
or					
Vegetarian Option		Quorn Burger in a Roll, Half Jacket Potato, Ketchup and Cucumber Slices	Vegan Sausages, Potato Wedges, Peas and Sweetcorn and Ketchup	Fusilli Pasta, Separate Tomato and Mozzarella Sauce, Crusty Bread and Mixed Salad	St George's Day - Vegetable Hotpot topped with Sliced Potatoes, Peas and Carrots
Pudding 1		Frozen Strawberry Mousse (not suitable for vegetarians)	Chunky Funky Raspberry Jelly (Not Suitable for Vegetarians)	Pineapple, Lime and Coconut Sponge Cake	St George's Day - Oaty Apple Crumble and Custard
or					
Pudding 2		Individual Yeo Valley Mango and Vanilla Yoghurt	Individual Yeo Valley Strawberry Yoghurt	Individual Yeo Valley Strawberry Yoghurt	Individual Yeo Valley Mango and Vanilla Yoghurt
or					
Fruit		Apples - individual	Banana - individual	Satsuma - individual	Apples - individual

KEEP ON BRUSHING AND BE PROUD OF YOUR MOUTH!



WHY IS IT IMPORTANT?

Evidence tells us that brushing each day at school over a two-year period is effective for preventing tooth decay and can establish life-long behaviour to promote oral health. It is also important that school based toothbrushing activity should promote and support toothbrushing in the home as well as the school or early years setting.

It is important to understand how germs can spread and how we can break the chain of infection with good infection control practices.

Droplets from the mouth or nose may also contaminate items such as cups, other toothbrush heads or surfaces nearby. They can also spread to those who may use or touch them, particularly if they then touch their nose or mouth.

INFECTION PREVENTION & CONTROL:

Standard precautions can apply to ensure good IPC practices are carried out and to prevent the spread of infection:

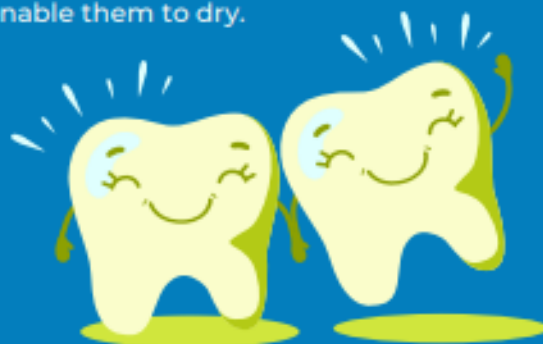
- Hand hygiene
- Environmental cleanliness

All brushes should be stored separately and upright. They should not touch other brushes and should be kept in a storage system that allows airflow around the toothbrush heads to enable them to dry.

TOP TIPS TO HELP CHILDREN BRUSH THEIR TEETH:

- Make sure you clean all the surfaces of your teeth. This should take about 2 minutes.
- After brushing, spit out any excess toothpaste. Do not rinse your mouth immediately after you brush. This dilutes the fluoride in your toothpaste and reduces its effectiveness.

Did you know that every year on the 20th March, it is World Oral Health Day?



If you run your own supervised toothbrushing programme or would like to, please visit [Improving oral health: supervised tooth brushing programme toolkit - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/toolkits/improving-oral-health-supervised-tooth-brushing-programme).

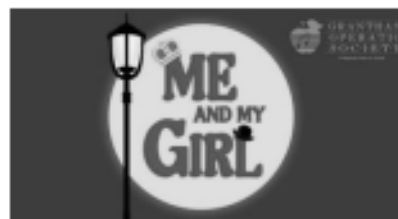
For more information on how you can get involved in World Oral Health Day, please visit [World Oral Health Day](https://www.worldoralthday.org/).

FUN FACTS TO SHARE WITH CHILDREN

- DID YOU KNOW THAT TOOTH ENAMEL IS STRONGER THAN SOME OF THE BONES IN YOUR BODY!
- SOME ANCIENT CULTURES WOULD CLEAN THEIR TEETH BY GNAWING ON TREE BARK OR STICKS!



For more information, please contact:
Jennifer.baitup@cds-cic.co.uk
or the
Healthprotectionteam@lincolnshire.gov.uk



Children's Colouring Competition!

Grantham Operatic Society (GOS) are performing the famous musical comedy 'Me and My Girl' at the Guildhall Arts Centre, Grantham from Thursday 13th to Saturday 15th April 2023 and we need your help!

Our musical show follows Bill – a cockney chancer who suddenly finds out that he is the 14th heir to the Earl of Hareford – but he needs a new crown to wear! Can you help us by entering our competition to design a new crown for Bill and possibly win two free tickets to see the matinee performance of our show?

Our **FREE** colouring competition is open to all children currently of **primary school age** in Grantham and the surrounding areas. Children can colour, paint or craft their entries and really let their imaginations run wild!

The star prize is **two free tickets to the matinee performance of 'Me and My Girl'** at the Guildhall Arts Centre, Grantham on Saturday 15th April at 2.00pm. Chocolate / sweet based runner-up prizes will also be awarded and as many entries as possible will be displayed in the foyer at the matinee performance of 'Me and My Girl'.

The **closing date for entries is Friday 31st March** and entries can be handed in at Grantham Library or at the Guildhall Arts Centre (during box office hours only – please check their website for up to date opening hours).

For further information about the show and for ticket sales, please visit the Guildhall Arts Centre website at <https://www.guildhallartscentre.com>.

To find out more about Grantham Operatic Society, please visit our Facebook page at <https://www.facebook.com/GranthamOperaticSociety>

Good luck – we cannot wait to see your designs! 😊 🍪

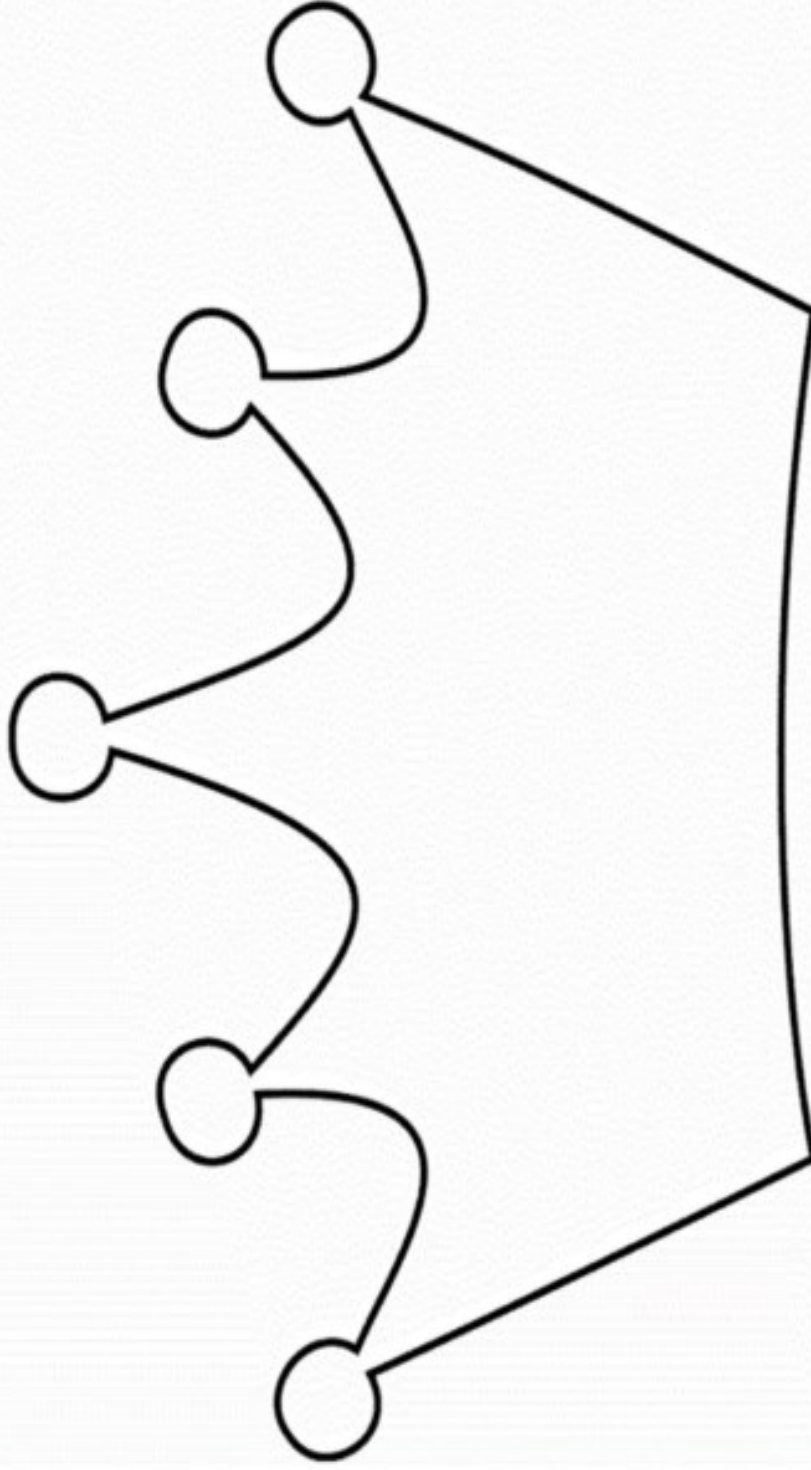
Terms and Conditions: Please note that any entries received after the closing date will not be counted and the judges decision is final. Free winning tickets will only be issued for the matinee performance of 'Me and My Girl' and cannot be transferred to another performance. No cash alternative will be offered. Winning entries will be contacted on Sunday 2nd April using the contact information provided and will also be announced on our Facebook page on that evening. If the winner is unable to take up the prize or cannot be contacted within 48 hours, GOS reserve the right to award the prizes to an alternative winner. By entering the competition, you give us consent to use photos of your entry on our social media pages (without full child names attached). All personal information collected will only be used in relation to the competition and will not be stored for further use.



Children's Colouring Competition



Try and use your imagination (and your best craft / colouring skills) to design a fantastic new crown for our new Lord Hareford!



Name of child: _____ Age of child: _____

Contact name of responsible adult: _____ Email address / telephone number: _____

FROM THE PRODUCERS OF JESUS CHRIST SUPERSTAR AND
JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT AT ST WULFRAM'S
MJH PRODUCTIONS PROUDLY PRESENT

LIONEL BART'S

OLIVER!

BOOK, MUSIC AND LYRICS BY
LIONEL BART

ST WULFRAM'S CHURCH, GRANTHAM

TUESDAY 8TH - SATURDAY 12TH AUGUST 2023 @ 7.30PM
THURSDAY 10TH AND SATURDAY 12TH AUGUST 2023 @ 2.00PM

TICKETS £18 - £22
VIP - £30

CALL THE BOX OFFICE - 01476 406158

BOOK ONLINE - GUILDHALLARTSCENTRE.COM
(£2 BOOKING FEE APPLIES)

OR VISIT THE GUILDHALL ARTS CENTRE, GRANTHAM

THIS AMATEUR PRODUCTION IS PRESENTED BY ARRANGEMENT WITH MUSIC THEATRE INTERNATIONAL

ALL AUTHORISED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI

WWW.MTISHOWS.CO.UK

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PRODUCTION SUPPORTED BY



Your guide to health services in Lincolnshire



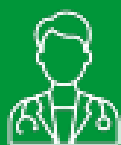
Self Care

Treat aches, pains, coughs, and colds at home. Stock up your medicine cabinet with over the counter remedies.



Pharmacy

Visit your local pharmacy for advice on minor injuries, allergies, constipation, headaches, cold and flu symptoms, and earache.



Your GP Practice

Contact your GP practice about symptoms that aren't going away. They can offer you an appointment or signpost you to other services.



NHS 111

If you have an urgent health need but are not sure what to do, call 111 or visit 111.nhs.uk. Available 24/7.



WaitLess

Download the WaitLess app to view live waiting times, queue numbers and travel-time information for our urgent care facilities.



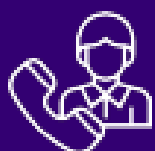
Urgent Treatment Centre

Seek help for sprains, fractures, minor burns, and skin infections. Walk in or book an appointment via NHS 111.



Dental Treatment

For urgent dental care please contact your normal dental practice, or for advice out of hours call NHS 111.



Mental Health Crisis

If you are worried about your mental health, call 0800 001 4331 (adults) or 0800 234 6342 (children and young people). Available 24/7.

In a medical emergency call 999.

This is when someone is seriously ill or injured and their life is at risk.

For more information visit www.nhs.uk.



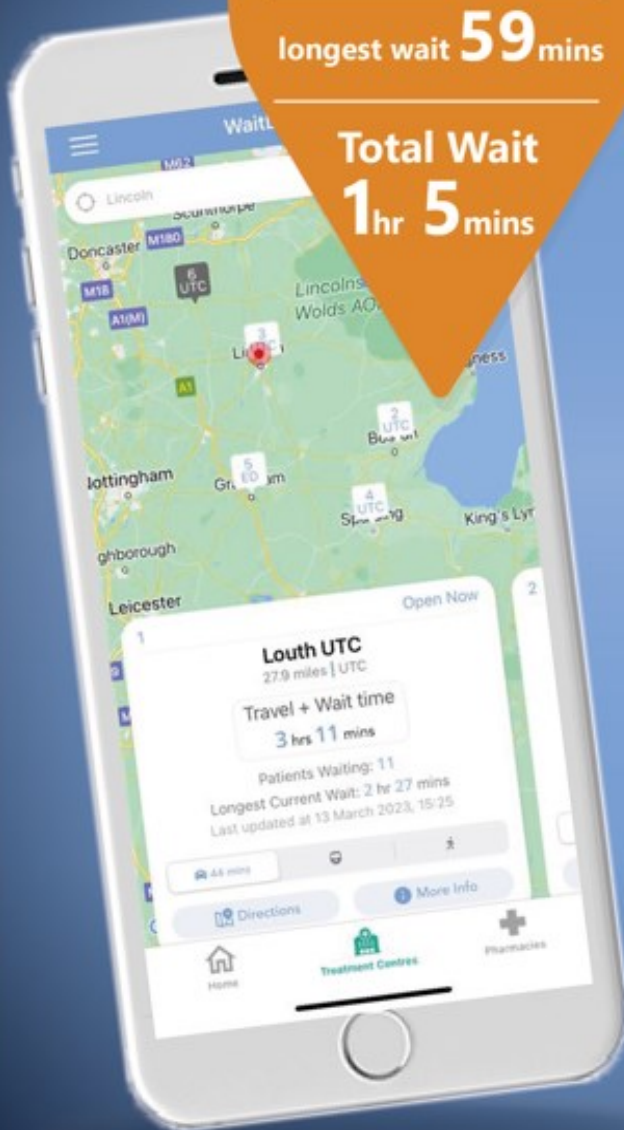
WAITLESS



Avoid long wait times
when you need
urgent care

16 mins travel
11 patients waiting
longest wait 59 mins

Total Wait
1 hr 5 mins



WaitLess

The WaitLess app combines travel, waiting and treatment times at all urgent care facilities across Lincolnshire, to give patients the most accurate picture of how long they may spend at each location, allowing them to decide on the most appropriate setting to attend.

Don't wait.
Download **WaitLess** now.

