

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Cycle A	PSHCE theme: Managing Self RSE: <i>Myself and others</i>	PSHCE theme: Managing Self RSE: <i>Myself and others</i>	PSHCE theme: Building Relationships RSE: <i>Family Networks</i>	PSHCE theme: Building Relationships RSE: <i>Body Awareness</i>	PSHCE theme: Self -Regulation RSE: <i>Family</i>	PSHCE theme: Self -Regulation RSE: <i>Hygiene</i>
Reception Cycle B	PSHCE theme: Managing Self RSE: <i>Myself and others</i>	PSHCE theme: Managing Self RSE: <i>Myself and others</i>	PSHCE theme: Building Relationships RSE: <i>Family Networks</i>	PSHCE theme: Building Relationships RSE: <i>Body Awareness</i>	PSHCE theme: Self -Regulation RSE: <i>Family</i>	PSHCE theme: Self -Regulation RSE: <i>Hygiene</i>
Year 1 Cycle A	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Myself and others</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Myself and others</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Family Networks</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Body Awareness</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Family</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Hygiene</i>
Year 1 Cycle B	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Myself and others</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Myself and others</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Family Networks</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Body Awareness</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Family</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Hygiene</i>
Year 2 Cycle A	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Myself and others</i> Similarities and difference	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Friendships</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Safety Choices</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Family Secrets</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Body Parts</i> <i>Body Development</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Looking after their bodies.</i>
Year 2 Cycle B	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Myself and others</i> Similarities and difference	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Friendships</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Safety Choices</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Family Secrets</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Body Parts</i> <i>Body Development</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Looking after their bodies.</i>
Year 3	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Self- Esteem</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Differences and Similarities</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Decision Making</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Body Parts</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Safety</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Safety</i>
Year 4	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Emotions</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Emotions</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Change</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Looking after our bodies</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Hygiene</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Assertiveness</i>
Year 5	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Relationships</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Relationships</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Support Networks</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Puberty and Hygiene</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Reproduction and Pregnancy</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Mental Wellbeing</i>
Year 6	PSHCE theme: Developing confidence and responsibility and making the most of my abilities. RSE: <i>Resolving conflict in relationships</i>	PSHCE theme: Developing good relationships and respecting the differences between people. RSE: <i>Taking Risk</i>	PSHCE theme: Developing a healthy safer lifestyle. RSE: <i>Stereotyping</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Puberty, reproduction and pregnancy</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Relationships and Family</i>	PSHCE theme: Preparing to play an active role as citizens. RSE: <i>Relationships and Family</i>